

December Vegetarian & Vegan Menu

Starters

Soup of the day VE V GF	5.50	Moroccan Style Cauliflower Bites VE V GF	5.10
Made from fresh ingredients, served with home cooked bread		Served with a sweet chilli sauce	
Beetroot Falafel VE V	6.80	Hummus VE V	5.00
Served warm with a spicy mayonnaise		Served with pitta bread	
Chilled Pineapple & Melon VE V GF	5.50		
With a fruit coulis			

Mains

Mushrooms Stroganoff V GF	11.00	Vegetarian Canneloni V	12.00
Field mushrooms flamed with brandy and onions, finished with paprika, mustard and cream		Pasta rolled with leeks, spinach & ricotta with tomato and béchamel sauce	
Butternut Squash & Spinach Lasagne V	10.00	Mixed Bean Chilli VE V GF	10.50
		Selection of beans in a chilli and tomato sauce	
Sweet Chilli Vegetable Stir Fry VE V GF	11.00	Vegetable Penang Curry VE V GF	12.20
Strips of seasonal vegetables stir fried with sweet chilli sauce		Cauliflower, green beans, peppers, mange tout in an aromatic coconut sauce	
Aubergine Bake V GF	10.50		
Layers of sliced aubergine, tomatoes, onions, topped with cheese and baked			


Choice of Side

All the above mains are accompanied with a choice of:

Rice VE V GF	New potatoes VE V GF
Homefried chips VE V	Salad bowl VE V GF

The Owls at Standish
Rectory Lane
Standish, Wigan
01257 424242

www.theowlsatstandish.co.uk

 @theowlsatstandish

Allergens

If any member of your party has an allergen(s), please inform a member of our team before placing your order.

Safe Dining

Our dining areas are cleaned thoroughly at regular intervals every day.

Vegetarian and Vegan

VE - Suitable for Vegans
V - Suitable for Vegetarians
GF - Gluten Free